My Changing Relationship with Work – Looking at Week-to-Week

Environmental, Physical, Mental and Emotional Aspects – refer to the slides in the PowerPoint on Environment, Physical, Mental and Emotional Aspects of Working from Home

This Week
What is working well?
What do I continue to need?
What needs to change?

Next Week
What is/are my key focus/intentions?
What do I need to achieve this?
What key action(s) will I take?